

Afternoon workshop, in Lisbon.
SYSTEMIC REPRESENTATIONS

Dr Panayiotis Vyras
Psychiatrist – Family Therapist (EAP/EFTA/EFPP)

A psychotherapy method offering insight and solutions to a variety of problems. Issues related to the history of a family, or other systems, are processed in order to gain understanding and well being.

Impossible to undo our past, but we can release its impact!

Areas to be explored: **Relations, Health, Work, Finances, Life Purpose.**

For a small group (max. 15 persons) providing the opportunity to examine a specific system in depth. Participants may do two things: Investigate their own system and be active observers for others, in 4 sessions of approximately 45 minutes each. It's a learning experience, addressed to: Individuals or couples, parents, educators, health workers and anyone interested in community involvement.

Place

Espiral, Praça Ilha do Faial 14A Metro: Saldanha

Date

Saturday 15 February 2020 Time: 15:00 - 19:00

Program

15:00-15:30 intro 15:30-17:00 sessions 1-2
17:00-17:30 break 17:30-19:00 sessions 3-4

Credit

4 hours of supervision in group therapy

Cost

Free! Donations welcome, to cover room rental.

Registration

www.familysystem.eu

Facilitator: Dr P. Vyras, medical practitioner-psychiatrist and psychotherapist (ECP-EAP). He is systemic trainer (EFTA) and certified for applied psychosynthesis (EFPP). Associated with the "Psychiatric Hospital of Attica" in Greece, with over 25 years of experience in group processes and trainings, worldwide.

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